

Communicable Disease Services

- ▶ HIV screening
- ▶ STD Screening and treatment
- ▶ STD/HIV Education for individuals
units, or groups



Our Locations

There are same day appointments available. Please call your clinic to make those appointments.

There are no walk-in appointments.

Darnall Army Community Hospital

(254) 288-2068

Monday, Tuesday, Wednesday

8 -11 a.m. & 1- 3 p.m.

Bennett Health Clinic CDS

(254) 618-8040

Monday, Tuesday, Wednesday, Thursday

7:30 -11 a.m. & 1- 3 p.m.

Thomas Moore Health Clinic CDS

(254) 285-6351

Monday, Tuesday, Wednesday, Thursday

7:30 -11 a.m. & 1- 3 p.m.

Monroe Health Clinic CDS

(254) 618-8778

Monday, Tuesday, Wednesday, Thursday

7:30 -11 a.m. & 1- 3 p.m.



Designed & Created by
Darnall Army Community Hospital
Public Affairs Office
FH MDA HO 520
(Revised Nov. 2005)

What you should know about STD's





About Sexually Transmitted Diseases

In the United States, more than 65 million people are currently living with an incurable sexually transmitted disease (STD). An additional 15 million people become infected with one or more STD each year, roughly half of whom contract lifelong infections. Yet, STD's are one of the most under-recognized health problems in the country today.

Despite the fact that STD's are extremely widespread, have severe and sometimes deadly consequences, and add billions of dollars to the nation's healthcare costs each year, most people in the United States remain unaware of the risks and consequences of STD's.

Many people with these infections do not have symptoms and remain undiagnosed. These "hidden" epidemics are magnified with each new infection that goes unrecognized and untreated.



Prevention

The best way to protect yourself against sexually transmitted diseases is by not having sex.

Other ways to reduce your risk of STD's include:

- ▶ Have sex with only one uninfected partner who only has sex with you
- ▶ Use a latex condom (with a water-based lubricant) correctly and every time you have sex
- ▶ Do not use alcohol or drugs

Common Types of STD's

Chlamydia

Chlamydia is the most commonly reported infectious disease in the United States and may be one of the most dangerous sexually transmitted infections among women today.

Gonorrhea

Gonorrhea is a sexually transmitted bacterial infection. The reported gonorrhea rate in the United States remains the highest of any industrialized country and roughly 50 times that of Sweden and eight times that of Canada.

Syphilis

Syphilis is a bacterial sexually transmitted infection that progresses in stages. The disease is curable and progression of the disease is preventable, but if untreated, it can cause cardiovascular and neurological diseases and blindness. Syphilis causes genital sores, which increases the likelihood of sexual HIV transmission 2-5 times.

Herpes

Genital Herpes-Herpes simplex virus type two (HSV-2) is one of the most common sexually transmitted infections in the United States, with as many as one million people in the United States becoming infected each year. The disease is potentially fatal in newborns and can be particularly severe in people with HIV infection.

Human papillomavirus (HPV)

Human papillomavirus (HPV) is a virus that causes genital warts but in some cases infects people without causing noticeable symptoms. Genital warts are extremely common, but can be treated.

Hepatitis B

Hepatitis B (HBV) virus is a serious viral disease that attacks the liver, and can cause extreme illness and even death.

Human Immune deficiency Virus (HIV)

Human Immune deficiency Virus is the virus which causes AIDS (Acquired Immunodeficiency Syndrome). Anyone can become infected with HIV. You cannot tell if someone is infected by looking at them, a blood test is the only way a person can find out if they are infected.

Symptom checklist

- ▶ Discharge from vagina or penis
- ▶ Painful or frequent urination
- ▶ Itching and/or burning of the vaginal area or opening of the penis
- ▶ Sores, bumps, blisters or redness in genital area
- ▶ Pain or itching around genitals, buttocks or legs
- ▶ A painless sore usually in or near the genitals or possibly other body parts such as the mouth, throat, breasts, anus, or fingers.
- ▶ Rashes, especially on palms of hands and bottoms of feet.